



## Dr Lee visits Bracknell-based CIOB

On Friday 17 July I visited the Bracknell headquarters of the Chartered Institute of Building (CIOB) to discuss the work of the Institute, the ongoing regeneration of Bracknell town centre, and the socio-economic importance of the construction industry. I was welcomed to the CIOB by Chief Executive Chris Blyth, and Vice President Paul Nash.



Dr Lee with CIOB's Chief Executive, Chris Blyth and Vice-President, Paul Nash

During the visit I was given a guided tour of the building and a short introduction to the Institute's history, from its inception in 1834, to the Privy Council's decision in 1980 to award Royal Charter status. I also discussed the regeneration of Bracknell town centre and affiliated employment in the Bracknell constituency, in which approximately 3,300 people work in construction or related industries.

The vision for Bracknell town regeneration is impressive and has the potential to deliver a wide range of benefits, including jobs for local people and households in the surrounding areas. I thank the CIOB for an interesting and informative visit.

## Parliamentary Activity



### Britain and international security

On 2nd July I made a speech in the Chamber about the opportunities and challenges that have emerged as a result of globalisation. I believe it is of paramount importance that Britain decides what our role in the world is and what part we should play in global affairs. You can watch my speech here:

<https://www.youtube.com/watch?v=cjsJZO3axGI>



### Airports Commission

Following the publication of the Airports Commission into airport expansion, I stressed the need for NATS to be statutorily responsible for noise mitigation.

You can read my article here:  
<http://tinyurl.com/nu6nx96>

Website of the month: [www.redcross.org.uk/theaward](http://www.redcross.org.uk/theaward)

Each year the British Red Cross runs the Humanitarian Citizen Award. This award scheme is open to anyone aged 25 or under and celebrates the achievements of young people in one for four categories: first aid; volunteering; community action and fundraising. If you know of a young person (or group) who has made a real difference and should be recognised. Nominations are open until August 2nd. If you would like to nominate a website of the month, which may include local charities, schools or businesses, please email me at [leepa@parliament.uk](mailto:leepa@parliament.uk)

## Travelling in Europe

**Holidays should be a time of rest and relaxation, but it is a good idea to make sure that you have made the necessary preparations before going away. I hope this factsheet helps ensure that you have what you need for your holiday to go as smoothly as possible.**

### European Health Insurance Card

The European Health Insurance Card (EHIC) is free of charge and enables you to access state-provided healthcare within the EU and several other countries, such as Switzerland.

The EHIC will cover your healthcare treatment until you return to the UK. It also covers treatment of pre-existing medical conditions and routine maternity care (so long as the reason for your visit is not specifically to give birth). It should be noted that the card is not an alternative to travel insurance and will not cover private medical healthcare, mountain rescue, flights back to the UK, or lost or stolen property. It is therefore advisable to have both an EHIC and a valid private travel insurance policy.

For more information about what is covered in each county and to apply for a EHIC, please visit [www.gov.uk/ehic](http://www.gov.uk/ehic)



### Avoid incurring excessive charges for phone calls and mobile data usage

Data roaming charges are to be scrapped from June 2017—great news for consumers who will pay the same price for calls, texts and mobile data irrespective of whether they are in their home nation or travelling in the EU. In the meantime, you can follow five steps to ensure that you don't incur a huge phone bill when travelling in the EU.

**1) Call your operator before you board the plane**

Your mobile phone operator will very likely offer a special data and call bundle. Contact them before you leave and see what offers are available to you

**2) When you land read the text from your network provider**

All networks will send you a text when you arrive in a foreign country which set out the charges you will incur

**3) Use free Wi-Fi**

Some Apps allow you to send texts and make calls to contacts who have the same Apps for free over wi-fi (WhatsApp and Viber are two examples)

**4) Be aware of apps using data**

Apps work in the background and can run up an expensive bill if mobile data is left on. The best way to safeguard against this is to switch off mobile data before you leave the UK

**5) Check the roaming cap**

The current pre-2017 EU roaming cap covers the EU member states as well as Iceland, Lichtenstein and Norway. Turkey is not included so if you are in doubt, check with your operator

### Your Passport

- It sounds like simple advice—but do check the expiry date on your passport before you make holiday arrangements. Thousands of holidaymakers have their holiday ruined by not knowing they have an invalid passport
- The Passport Agency advises travellers who are in need of a passport urgently to make an appointment at their local Passport Customer Service Centre
- The Premium Service takes four hours—but please be aware that first passports and children's passports cannot be obtained in this way
- The Fast Track service requires you to make an appointment and takes a week
- The Foreign and Commonwealth Office advises that you have at least three months left to run on your passport before you travel as some countries have this as an entry requirement
- You can find more information here: <https://www.gov.uk/get-a-passport-urgently>

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